



*Better Leaders,
Better Collegiate Life*

UCA Forum 2017

Leaders and Partners in Changing the Course

Level 12 Rooftop South, Rydges Hotel South Bank, Brisbane
28th and 29th September, 2017

Alcohol Harm Minimisation Workshop

Facilitators: Associate Professor Tim Corney and Mr Keith Conley

1. [Cultural Change](#)
2. [Student Clubs – groups “sub-cultures”](#)
3. [Specific training ideas/programs](#)
4. [Specific training ideas/programs – Social Media](#)
5. [Resident training/induction O’Week – Who runs O’Week?](#)
6. [Staff – Relationships with Students](#)
7. [Professional Development – RA’s/Staff](#)

Cultural Change

- Book recommendation: [“Wasted: A Story of Alcohol, Grief and a Death in Brisbane”](#), Elspeth Muir
- ‘He for She’ movement
- Men - ambassadors for gender equity and male champions for change
- Conversation about sex – enthusiastic consent
- Alcohol awareness around events
 - ‘Mates looking after mates’ – never leave a mate behind
 - Inside outside – empowering leaders from inside
 - Caught not taught – leadership (emergent leaders & leaders in training)
 - Modelled by everyone
 - Ethical & Social bystanders
 - Removing stigma eg. <http://www.batyr.com.au/>

- Student club involvement and influential students > proactive
- Cross-cultural understanding resident and staff selection, explicit values and expectations
- Evaluating traditions and understanding traditions for re-evaluation
- Pre-selection training for Student Club values
- St Andrew's College – six stage training before they can be eligible to stand for election

Student Clubs – groups “sub-cultures”

- Leadership, development/mentoring
- Having the “language” to talk
- Student Club and Staff (tutors, RA's, other) working/communicating on a regular basis
- Student training and education on first responder
- Utilising alumni to mentor student leadership
- Clear guidelines and expectations are communicated
- Survey of students on experiences in college
- External groups (Red Frogs) supporting students/Student Club group in organising events/harm minimisation
- Organising alcohol free events and alcohol free days especially in O'Week
- Supporting students in risk management/assessment of events
- MOU
- Emergency Management Plan (EMP) – Risk Management Form
- Student Club Fees not to be used to purchase alcohol
- No ticketed/unlimited alcohol events
- NAAUC on the Road
- Structured conversations with leaders – shared values/aims/outcomes and accountability & attitudes
- Clear accountability
- Combined Student Club/RA training
- Managing finances/how much money?
- Council/Board representation

Specific training ideas/programs

- Example: Haze Free <https://hazefree.mit.edu/>
- LGBTIQA
- First Responder
- Mental Health
- Consent – Consent Matters
- Leadership for Inclusion

- Respectful Relationships
- Ethical bystander
- What it means to be a bloke
- How to refer
- Listening skills – communication
- Physical/sexual health

Specific training ideas/programs – Social Media

- Context of student training
- Size of group
- Peer Led?/External Facilitator?/Internal Staff?
- Student Consultation – input – feedback afterwards
- Self-Select – compulsory > opt in/out > why/how
- Timing – beginning of year +/throughout the year?/reinforce message but retain relevance
- Timing – horizontal/vertical orientation
- Year level of students > senior students as peer leaders/teachers
- By building/area – community development
- Explain the “why” – gain buy in and understanding

Resident training/induction O’Week – Who runs O’Week?

- Induction program pre-O’Week – for new first year students
- [Brent Sanders](#) – some moving away Alcohol equivalent? [Paul Dillon](#), Drug & Alcohol Research & Training Australia (DARTA)
- [Haze](#) – film
- Talk with first year students, with parents and/or parents alone
- Healthy relationships
- Resilience training/support
- ‘Consent Matters’ online course
- ‘Elephant in the Room’ – big issues (sex/consent)
- Off campus excursions (zoo!)
- Academic support
- University input – expectations etc.

Staff – Relationships with Students

- Staff attending student events
- Using first names
- Staff inductions
- A culture of authenticity and respect
- Being involved with O’Week

- Everyone part of community
- Collaboration
- Event reports
- Regular social events between staff and students
- Staff participate – student performance nights
- Eat with students
- Head suppers – residence
- General staff/student lunches – 15
- Be seen
- Discuss/consult – even high level issues with student leadership so they can understand context & difficulties and why decisions are made
- Add Board/Councils
- Staff and students train together

Professional Development – RA's/Staff

- Leadership for inclusion (gender, culture etc.)
- Importance of selecting the right team
- Emotional Intelligence
- Mental Health Training
- Sexual Assault & Harassment > First Responder Training > Consent Training > Fair Agenda > Trauma Informed
- Cross Cultural Training
- Looking after “drunk” residents (doctors to talk) > under 18's mandatory reporting > RNDV – partnering drugs
- Catering for people with disabilities
- Structured Industry Training
- Self-Care
- Currency of PDs