

Student Support Services – Directory

University

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Bond University	The University of Adelaide
Charles Darwin University	The University of Melbourne
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CQUniversity	The University of Newcastle
Curtin University	The University of Notre Dame Australia
Deakin University	The University of Queensland
Edith Cowan University	The University of Sydney
Federation University Australia	The University of Western Australia
Flinders University	University of Canberra
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James Cook University	University of South Australia
La Trobe University	University of Southern Queensland
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Monash University	University of Technology, Sydney
Murdoch University	University of the Sunshine Coast
Queensland University of Technology	University of Wollongong
RMIT University	Victoria University
Southern Cross University	Western Sydney University
Swinburne University of Technology	

National

National Translating and Interpreting Service (TIS)

National Relay Service (NRS)

State or Territory

Australian Capital Territory	South Australia
New South Wales	Tasmania
Northern Territory	Victoria
Queensland	Western Australia

If you are currently located outside of Australia and need support, please click [here](#) for a list of available support services in your country.

University Support Services

Australian Catholic University	
24/7 ACU Mental Health Crisis Line	Phone: 1300 638 485 SMS: 0488 884 191

Bond University	
Security (24 hours)	Phone: 5595 1234 Email: security@bond.edu.au
Psychological Services for Staff and Students (8.30am–5.00pm weekdays)	Phone: (07) 5595 4002 Email: studentcounselling@bond.edu.au

Charles Darwin University	
Student Support Services	Phone: (08) 8946 6288 Email: counselling@cdu.edu.au
After Hours Crisis Support	Phone: 1300 933 393

Charles Sturt University	
Mental Health and Wellbeing Support Line (8:30am-5pm weekdays) or After-Hours Crisis Support Line (5pm-9am weeknights and 24/7 on weekends and public holidays)	Phone: 1300 572 516 SMS: 0480 087 002

CQUniversity	
Counselling	Phone: (07) 4930 9456 Email: counselling@cqu.edu.au

Curtin University	
24/7 Safer Community Team (including connecting to Counselling and Wellbeing)	Phone: (08) 9266 4444

Deakin University	
Safer Community (9am–4pm, Monday to Friday)	Phone: (03) 9244 3734 Email: safercommunity@deakin.edu.au

Edith Cowan University	
Counselling Service (8:30am–4:30pm weekdays)	Phone: (08) 9370 6706
Out of Hours Crisis Line (4:30pm– 8:30am on weekdays and 24 hours on weekends and public holidays)	Phone: 1300 583 032 Text: 0488 884 232

Federation University Australia	
Counselling (9am–4pm weekdays)	Phone: (03) 5327 9470 Email: counselling@federation.edu.au
Crisis Line (4.30pm–9am weekdays, 24 hours on weekends and public holidays)	Phone: 1300 758 109 SMS: 0480 089 177

Flinders University

Health and Counselling Services	Phone: (08) 8201 2118 Email: counselling@flinders.edu.au
After hours crisis support line (5pm–9am weekdays, 24 hours weekends and public holidays)	Phone: 1300 512 409 SMS: 0488 884 103

Griffith University

Mental Wellbeing Support Line (24/7)	Phone: 1300 785 442 SMS: 0488 884 146
Personal violence counselling (8.30am–4.30pm weekdays)	Phone: (07) 5552 9600 Email: counsellor@griffith.edu.au

James Cook University

Sexual Misconduct Officers	Larissa Siliezar – (07) 4781 4538 Vanessa Cannon – (07) 4781 4078 Email: smo@jcu.edu.au
Counselling and Wellbeing Service	Cairns – (07) 4232 1150 Townsville – (07) 4781 4711 Email: studentwellbeing@jcu.edu.au

La Trobe University

Health and Wellbeing	Phone: (03) 9479 2956 Email: student.wellbeing@latrobe.edu.au
Safer Community	Phone: (03) 9479 8988 Email: safercommunity@latrobe.edu.au
Out of hours mental health and wellbeing support (5pm–9am weekdays, 24 hours weekends and public holidays)	Phone: 1300 146 307 SMS: 0488 884 100

Macquarie University

Student Wellbeing Support Line (Business hours 9am–5pm weekdays)	Phone: (02) 9850 7497 Email: wellbeing@mq.edu.au
Student Wellbeing Support Line (Outside business hours)	Phone: 1800 2273 67 Email: wellbeing@mq.edu.au

Monash University

Counselling (Telehealth)	Phone: (03) 9905 3020
After-hours phone counselling (24/7)	Phone: 1300 STUDENT (1300 788 336)

Murdoch University

Counselling Service (8.30am–4.30pm weekdays)	Perth – (08) 9360 1227 Mandurah – (08) 9582 5501 Email: counsellingservice@murdoch.edu.au
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Queensland University of Technology	
Student Counselling	Gardens Point – (07) 3138 2383 Kelvin Grove – (07) 3138 3488

RMIT University	
Safer Community (9.00am–5.00pm weekdays)	Phone: (03) 9925 2396 Email: safercommunity@rmit.edu.au
Crisis Support Line (After-hours, weekends, and public holidays)	Phone: 1300 305 737 SMS: 0488 884 162
Student Counselling Service (9.00am–5.00pm weekdays)	Phone: (03) 9925 5000
International SOS Line (24/7) – Security, medical and counselling support to RMIT students living outside of Australia	Phone: +61 9372 2468 Email: sydney@internationalsos.com

Southern Cross University	
Counselling Services	Lismore and Gold Coast – (02) 6626 9300 Coffs Harbour – (02) 6659 3263 Email: counselling@scu.edu.au
After-hours Crisis Counselling	Phone: 1300 782 676 SMS: 0488 884 143

Swinburne University	
Wellbeing Counselling	Phone: (03) 9214 8483
After Hours Crisis Line (5pm–9am weekdays, 24 hours on weekends and public holidays)	Phone: 1300 854 144 SMS: 0488 884 145

The Australian National University	
24/7 ANU Wellbeing and Support Line	Phone: 1300 050 327 SMS: 0488 884 170

The University of Adelaide	
Student Life Counselling Support	Phone: (08) 8313 5663 Email: counselling.centre@adelaide.edu.au
University Crisis Line	Phone: 1300 167 654 SMS: 0488 884 197

The University of Melbourne	
Counselling and Psychological Services (9am–5pm weekdays)	Phone: (03) 8344 6927 Email: caps-reception@unimelb.edu.au
After Hours Mental Health Crisis Support Service	Phone: 1300 219 459 SMS: 0480 079 188
Safer Community Program	Phone: (03) 9035 8675 Email: safer-community@unimelb.edu.au

The University of New England

Counselling and Psychological Services (9am–4pm weekdays)	Phone: (02) 6773 2897 Email: studentcounselling@une.edu.au
After-Hours Crisis Support Line (4pm–9am weekdays, 24 hours on weekends and public holidays)	Phone: 1300 661 927 SMS: 0488 884 169

The University of Newcastle

Counselling	Newcastle and Sydney – (02) 4921 6622 Central Coast – (02) 4348 4060 Port Macquarie – (02) 6569 2017 Email: counselling@newcastle.edu.au
After-hours crisis support line (5pm–9am weekdays, 24 hours on weekends, public holidays and university close down periods)	Phone: 1300 653 007 SMS: 0488 884 165

The University of Notre Dame Australia

Student Counselling Service Fremantle campus – 9am to 4.30pm weekdays Sydney campus – 9am to 5pm weekdays	Fremantle and Broome – (08) 9433 0580 Sydney – (02) 8204 4220
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The University of Queensland

Student Services (8am–5pm weekdays)	Phone: (07) 3365 1704 Email: student.services@uq.edu.au
Counselling and Crisis Line (after hours)	Phone: 1300 851 998 SMS (Australia and overseas): 0488 884 115
Sexual Misconduct Support Unit (8am–5pm weekdays)	Phone: (07) 3443 1000 Email: sexualmisconductsupport@uq.edu.au

The University of Sydney

Safer Communities team (8:30am–5:30pm weekdays)	Phone: (02) 8627 6808 Email: safer-communities.officer@sydney.edu.au
After Hours Mental Wellbeing support line (after 5pm weekdays and 24 hours on weekends)	Phone: 1300 474 065 SMS: 0488 884 429

The University of Western Australia

UniAccess at Student Wellbeing (Counselling and Psychological Services)	Phone: (08) 6488 2423
Security (24 hours)	Phone: (08) 6488 3020
Emergencies	Phone: (08) 6488 2222

University of Canberra	
Medical and Counselling Centre (9am–5pm weekdays)	Phone: (02) 6201 2351
After-hours Crisis Line (5pm–9am weekdays, 24 hours on weekends and public holidays)	Phone: 1300 271 790 SMS: 0488 884 227
Wellbeing	Phone: (02) 6206 8841

University of New South Wales	
24/7 UNSW Mental Health Connect	Phone: (02) 9385 9500

University of South Australia	
Counselling Service	Phone: 1300 301 703 Email: ask@campuscentral.unisa.edu.au
Out-of-Hours Crisis Line (5pm–9am weekdays and 24 hours on weekends and public holidays)	Phone: 1300 107 441 SMS: 0488 884 163

University of Southern Queensland	
Safer Communities	Phone: (07) 4631 2372 Email: safercommunities@usq.edu.au
Health and Wellness	Phone: (07) 4631 2372 Email: student.success@usq.edu.au
USQ Student Advice Line (24 hours)	Phone: 1300 932 483
I-connect	Email: usq.support@usq.edu.au

University of the Sunshine Coast	
Student Wellbeing	Phone: (07) 5430 1226 Email: studentwellbeing@usc.edu.au
24/7 SafeUSC for after-hours emergency or crisis support	Phone: (07) 5430 1168

University of Tasmania	
Counselling Service (8.45am–5pm weekdays)	Phone: 1800 817 675
After-hours counselling (5pm–9am weekdays, 24 hours on weekends and public holidays)	Phone: 1300 511 709 SMS: 0488 884 168

University of Technology Sydney	
Counselling Service (9-8:30pm Mon-Wed, 9-7/8pm alternate Thursdays and 9-5pm Friday)	Phone: (02) 9514 1177 Email: student.services@uts.edu.au
Sexual Assault Support Line (24/7 with Counsellors responding 9am-5pm weekdays, UTS security will respond to calls on this number outside of office hours)	Phone: 1800 531 626
On-Campus Security Emergency Line (24/7)	Phone: 1800 249 559

University of Wollongong	
24 Hour UOW Student Wellbeing Support Line	Phone: 1300 036 149 SMS: 0488 884 164

Victoria University	
Student Counselling	Phone: (03) 9919 5400 Email: student.counselling@vu.edu.au
Safer Community	Phone: (03) 9919 5707 Email: safer.community@vu.edu.au

Western Sydney University	
Western Sydney University Counselling Service (9am–4.30pm weekdays)	Phone: 1300 668 370 (press option 4 then option 1) Email: counselling@westernsydney.edu.au or ecounselling@westernsydney.edu.au
24/7 Campus Safety Service	Phone: 1300 737 003

Support Services by National, State and Territory

National	
1800 RESPECT – Sexual assault, domestic and family violence counselling service	1800 RESPECT (1800 737 732)
Mensline Australia	1300 789 978
Relationships Australia	1300 364 277
Adults Surviving Child Abuse (Blueknot)	1300 657 380
QLife	1800 184 527
Bravehearts	1800 272 831
Sexual Assault Counselling Australia	1800 211 028

Translation or hearing and speech impairment assistance	
National Translating and Interpreting Service for callers who require English translation services (TIS)	Phone 13 14 50 and ask them to contact the phone number of the service you want to contact.
National Relay Service for callers who are deaf or have a hearing or speech impairment (NRS)	TTY / Voice Calls – 133 677 Speak and Listen (speech-to-speech relay) – 1300 555 727 Internet relay – visit the National Relay Service website SMS relay – 0423 677 767

Australian Capital Territory	
Canberra Rape Crisis Centre (CRCC)	(02) 6247 2525
Domestic Violence Crisis Service (DVCS)	(02) 6280 0900
Victim Support ACT	1800 822 272
Women's Legal Centre (ACT & Region) Inc	(02) 6257 4377
ACT Human Rights Commission	(02) 6205 2222

New South Wales	
Rape Crisis and Sexual Assault Hotline	1800 424 017
NSW Health Sexual Assault Services	Find the number in your local area here
Domestic Violence Line	1800 656 463
Legal Aid NSW	1300 888 529
NSW Anti-Discrimination Board	1800 670 812

Northern Territory	
Northern Territory Mental Health Line	1800 682 288
Sexual Assault Referral Centre (Alice Springs)	(08) 8955 4500 0401 114 181 (after hours)
Sexual Assault Referral Centre (Darwin)	(08) 8922 6472
Sexual Assault Referral Centre (Katherine)	(08) 8973 8524
Sexual Assault Referral Centre (Tennant Creek)	(08) 8962 4361
Ruby Gaea Darwin Centre Against Sexual Violence	(08) 8945 0155
Central Australian Women's Legal Service	1800 684 055
Northern Territory Anti-Discrimination Commission	1800 813 846

Queensland	
Queensland Sexual Assault Helpline	1800 010 120
Womensline (DVConnect Domestic Violence Helpline)	1800 811 811
Mensline (DVConnect Domestic Violence Helpline)	1800 600 636
Women's Legal Service	1800 957 957
Women's Legal Service (Rural, Regional and Remote)	1800 457 117
QLD Sexual Assault Services	Find the number in your local area here
Queensland Human Rights Commission	1300 130 670

South Australia	
Domestic Violence Crisis Line	1800 800 098
Yarrow Place Rape and Sexual Assault Service	1800 817 421
Victim Support Service	1800 842 846
Legal Services Commission of South Australia	1300 366 424
Women's Legal Service South Australia	(08) 8221 5553 1800 816 349 (country call)
Equal Opportunity Commission of South Australia	(08) 8207 1977 1800 188 163 (country call)

Tasmania	
Sexual Assault Crisis Support	1800 697 877
Sexual Assault Support Service (Hobart and South)	(03) 6231 0044
Sexual Assault Support Service (Launceston and North)	(03) 6334 2740
Sexual Assault Support Service (North West)	(03) 6431 9711

Launceston Community Legal Centre	(03) 6334 1577
Equal Opportunity Tasmania	1300 305 062

Victoria

Sexual Assault Crisis Line (SACL)	1800 806 292
Regional Centres Against Sexual Assault (CASAs)	Find the number in your local area here
Victoria Legal Aid	1300 792 387
Victorian Equal Opportunity and Human Rights Commission	1300 292 153

Western Australia

Sexual Assault Resource Centre (SARC)	1800 199 888
Domestic Violence Helpline	1800 007 339
Women's Law Centre (WA)	(08) 9272 8800 1800 625 122 (country call)
Western Australian Equal Opportunity Commission	(08) 9216 3900 1800 198 149 (country call)